# Policy No. OP8

# Policy Name: Child Protection Policy

# Procedures for: Healthy Eating

# Date adopted: 5 March 2018

Purpose

To ensure children have adequate nutrition to support their learning and overall health.

Procedures

* Children who do not have any food are to go to the office to ask for a snack
* Office staff will give the student a Kids Can snack
* Office records students who don’t have lunch. Also inquire as to why they don’t have lunch
* Where the students repeatedly don’t have lunch contact is made with home to ensure students have lunch in the future or to see if the family needs further assistance
* Water is the only drink permitted for students to bring to school
* Milk is given four days a week, where parental consent is given, through the Fonterra Milk in Schools programme
* Students are encouraged to bring healthy lunches and to eat their sandwich or main alternative first
* Eating times are monitored by rostered classroom teachers and teacher aids
* Students remain seated until the bell signalling the end of lunch is rung and the teacher personally dismisses them after raising their hand
* Rubbish is to be put in lunch boxes and lunch boxes are to be put away tidily in the designated area
* Peanuts and lollies are not to be brought to school

Key relevant documents

Hunger for learning. Nutritional barriers to children’s education.   
Janfrie Wakim and Alan Johnson  
ISBN 0-9582263-8-5      © July 2011  
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